

# HOPE



**Principle 2:**

Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.

*Happy are those who mourn, for they shall be comforted.*

Matthew 5:4



**Step 2:**

We came to believe that a power greater than ourselves could restore us to sanity.

*For it is God who works in you to will and to act according to his good purpose.*

Philippians 2:13 (NIV)

H \_\_\_\_\_

*For everything comes from God alone. Everything lives by his power, . . . (Romans 11:36 LB)*

O \_\_\_\_\_ to change.

*Now your attitudes and thoughts must all be constantly changing for the better. Yes, you must be a new and different person, . . . (Ephesians 4:23–24a LB)*

P \_\_\_\_\_

*For I can do everything God asks me to with the help of Christ who gives me the strength and the power. (Philippians 4:13 LB)*

E \_\_\_\_\_ to change.

*And I am sure that God who began the good work within you will keep right on helping you grow in his grace until his task within you is finally finished on that day when Jesus Christ returns. (Philippians 1:6 LB)*

## LEADER'S FOCUS QUESTIONS

What do you believe about God? What things are you ready to change in your life?

# NOTES

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