

SERENITY PRAYER

If you have attended secular recovery programs, you have seen the first four lines of the “Prayer for Serenity.” The following is the complete prayer. I encourage you to pray it daily as you work through the principles!

Prayer for Serenity

*God, grant me the serenity
to accept the things I cannot change,
the courage to change the things I can,
and the wisdom to know the difference.
Living one day at a time,
enjoying one moment at a time;
accepting hardship as a pathway to peace;
taking, as Jesus did,
this sinful world as it is,
not as I would have it;
trusting that You will make all things right
if I surrender to Your will;
so that I may be reasonably happy in this life
and supremely happy with You forever in the next.
Amen.*

Reinhold Niebuhr