

**Don't Over-Do**

**Exodus 20:8-11**

(Timeless Truth #4 of "Top 10 Timeless Truths")

March 25, 2018

**We overdo when we \_\_\_\_\_  
to do \_\_\_\_\_ than there is \_\_\_\_\_ for.**

**#1. The Issue**

**...simply our \_\_\_\_\_ of \_\_\_\_\_.**

**#2. The Danger**

**...we \_\_\_\_\_ of \_\_\_\_\_.**

**When overdoing is the \_\_\_\_\_, there starts  
being \_\_\_\_\_ between \_\_\_\_\_ and \_\_\_\_\_.**

**#3. The Solution**

**...to remember the \_\_\_\_\_ by  
keeping it \_\_\_\_\_.**

**"Sabbath" = \_\_\_\_\_**

**"Holy" = \_\_\_\_\_**

**#4. The Application**

*"Observe the Sabbath, because it is holy. Anyone who  
desecrates it must be put to death." Exodus 31:14 (NIV)*

**The Sabbath \_\_\_\_\_ us back  
from the \_\_\_\_\_.**

**It's a \_\_\_\_\_ that brings us to  
the \_\_\_\_\_ there is!**

*"Keep my Sabbaths holy, that they may be a sign between us.  
Then you will know that I am the LORD your God." Ezek. 20:20 (NIV)*

**Conclusion**

**What a \_\_\_\_\_ God has given us  
in the \_\_\_\_\_!**

*"Then Jesus said to them,  
"The Sabbath was made for man,  
not man for the Sabbath."  
Mark 2:27 (NIV)*

**This is all by \_\_\_\_\_  
in the \_\_\_\_\_.**

*"By the seventh day God had finished the work He had been doing;  
so on the seventh day He rested from all His work.  
And God blessed the seventh day and made it holy."  
Genesis 2:2-3 (NIV)*